

5 CLUES TO UNCOVERING TALENT IN ACTION

Yearning

- To what kinds of activities are you naturally drawn?

Rapid Learning

- What kinds of activities do you seem to pick up quickly?

Flow

- In what activities did you seem to automatically know the steps to be taken?

Glimpses of Excellence

- During what activities have you had moments of subconscious excellence when you thought, "How did I do that?"

Satisfaction

- What activities make you happy, either while doing them or immediately after finishing them, and you think, "When can I do that again?"

WHERE DOES YOUR TALENT EMERGE?

What do I yearn to do?

Where do I rapidly learn?

When am I in the flow?

Where do I excel?

What brings me joy?