# GALLUP°

# CliftonStrengths® Quick Reference for Coaches

E Executing

I Influencing

R Relationship Building

Т

Strategic Thinking

# E ACHIEVER®

People exceptionally talented in the Achiever theme work hard and possess a great deal of stamina. They take immense satisfaction in being busy and productive.

Bring: intensity and stamina of effort

**Need:** freedom to work at my own pace

# | ACTIVATOR®

People exceptionally talented in the Activator theme can make things happen by turning thoughts into action. They want to do things now, rather than simply talk about them.

Bring: a catalytic sense of urgency

Need: less discussion, more action

#### R ADAPTABILITY®

People exceptionally talented in the Adaptability theme prefer to go with the flow. They tend to be "now" people who take things as they come and discover the future one day at a time. **Bring:** a willingness to follow the lead of change

**Need:** present pressures that demand an immediate response

# T ANALYTICAL®

People exceptionally talented in the Analytical theme search for reasons and causes. They have the ability to think about all of the factors that might affect a situation.

**Bring:** dispassionate thinking to emotional issues

Need: time to think

#### **E** ARRANGER®

People exceptionally talented in the Arranger theme can organize, but they also have a flexibility that complements this ability. They like to determine how all of the pieces and resources can be arranged for maximum productivity. Bring: flexibility and interactivity

**Need:** a dynamic environment

# E BELIEF®

People exceptionally talented in the Belief theme have certain core values that are unchanging. Out of these values emerges a defined purpose for their lives.

**Bring:** values stability, clarity, conviction

**Need:** a cause or purpose for which to live

#### COMMAND°

People exceptionally talented in the Command theme have presence. They can take control of a situation and make decisions.

Bring: emotional clarity

Need: challenges and conflicts

#### COMMUNICATION®

People exceptionally talented in the Communication theme generally find it easy to put their thoughts into words. They are good conversationalists and presenters.

**Bring:** attention to messages that must be heard

Need: a sounding board, an audience

#### I COMPETITION®

People exceptionally talented in the Competition theme measure their progress against the performance of others. They strive to win first place and revel in contests.

Bring: an aspiration to be the best

**Need:** peers for comparison and motivation

# R CONNECTEDNESS®

People exceptionally talented in the Connectedness theme have faith in the links among all things. They believe there are few coincidences and that almost every event has meaning. **Bring:** an appreciation of the mystery and wonder of life and all creation

**Need:** to be part of something bigger than myself — a family, team, global community

# E CONSISTENCY®

People exceptionally talented in the Consistency theme are keenly aware of the need to treat people the same. They crave stable routines and clear rules and procedures that everyone can follow.

**Bring:** rules and policies that promote cultural predictability

**Need:** standard operating procedures

# T CONTEXT®

People exceptionally talented in the Context theme enjoy thinking about the past. They understand the present by researching its history.

**Bring:** accurate memories and valuable memorabilia

**Need:** relevant background for discussions and decisions

# E DELIBERATIVE®

People exceptionally talented in the Deliberative theme are best described by the serious care they take in making decisions or choices. They anticipate obstacles.

**Bring:** a thorough and conscientious approach

**Need:** time to listen and think before being expected to speak

#### R DEVELOPER®

People exceptionally talented in the Developer theme recognize and cultivate the potential in others. They spot the signs of each small improvement and derive satisfaction from evidence of progress.

**Bring:** a commitment — time and energy — to human growth

Need: someone to invest in

#### E DISCIPLINE®

People exceptionally talented in the Discipline theme enjoy routine and structure. Their world is best described by the order they create.

Bring: precision and detail orientation

**Need:** a structured and organized environment

# R EMPATHY®

People exceptionally talented in the Empathy theme can sense other people's feelings by imagining themselves in others' lives or situations.

**Bring:** emotional intelligence

Need: freedom to laugh, cry, vent

# E FOCUS®

People exceptionally talented in the Focus theme can take a direction, follow through and make the corrections necessary to stay on track. They prioritize, then act.

**Bring:** clarity through concentration and direction

Need: a goal to establish priorities

#### T FUTURISTIC®

People exceptionally talented in the Futuristic theme are inspired by the future and what could be. They energize others with their visions of the future. **Bring:** previews, predication, forecasts **Need:** opportunities to talk about the

foreseen future

# R HARMONY®

People exceptionally talented in the Harmony theme look for consensus. They don't enjoy conflict; rather, they seek areas of agreement.

**Bring:** a peace-loving, conflict-resistant approach

**Need:** areas of agreement, common ground

# T IDEATION®

People exceptionally talented in the Ideation theme are fascinated by ideas. They are able to find connections between seemingly disparate phenomena.

Bring: new and fresh perspectives

**Need:** freedom to explore possibilities without restraints or limits

#### R INCLUDER®

People exceptionally talented in the Includer theme accept others. They show awareness of those who feel left out and make an effort to include them.

**Bring:** a high level of tolerance with and acceptance of diversity

Need: room for everyone

#### R INDIVIDUALIZATION®

People exceptionally talented in the Individualization theme are intrigued with the unique qualities of each person. They have a gift for figuring out how different people can work together productively.

**Bring:** an understanding of people that is valuable for placement

**Need:** individual expectations that are created to fit a person

# T INPUT®

People exceptionally talented in the Input theme have a need to collect and archive. They may accumulate information, ideas, artifacts or even relationships. **Bring:** tangible tools that can facilitate growth and performance

**Need:** space to store the resources I naturally acquire

#### T INTELLECTION®

People exceptionally talented in the Intellection theme are characterized by their intellectual activity. They are introspective and appreciate intellectual discussions.

**Bring:** depth of understanding and wisdom

**Need:** time for reflection and meditation

# T LEARNER®

People exceptionally talented in the Learner theme have a great desire to learn and want to continuously improve. The process of learning, rather than the outcome, excites them.

**Bring:** a learning perspective and excitement for the learning process

**Need:** exposure to new information and experiences

#### MAXIMIZER®

People exceptionally talented in the Maximizer theme focus on strengths as a way to stimulate personal and group excellence. They seek to transform something strong into something superb.

Bring: a quality orientation

**Need:** quality to be valued as much as quantity

# R POSITIVITY®

People exceptionally talented in the Positivity theme have contagious enthusiasm. They are upbeat and can get others excited about what they are going to do.

**Bring:** contagious energy and enthusiasm

**Need:** freedom to experience the joy and drama of life

# R RELATOR®

People exceptionally talented in the Relator theme enjoy close relationships with others. They find deep satisfaction in working hard with friends to achieve a goal.

Bring: social depth and transparency

**Need:** time and opportunities for oneon-one interactions

# E RESPONSIBILITY®

People exceptionally talented in the Responsibility theme take psychological ownership of what they say they will do. They are committed to stable values such as honesty and loyalty.

**Bring:** dependability and loyalty

**Need:** freedom to take ownership

#### E RESTORATIVE™

People exceptionally talented in the Restorative theme are adept at dealing with problems. They are good at figuring out what is wrong and resolving it.

**Bring:** courage and creativity to problematic situations

Need: problems that must be solved

#### SELF-ASSURANCE®

People exceptionally talented in the Self-Assurance theme feel confident in their ability to take risks and manage their own lives. They have an inner compass that gives them certainty in their decisions.

**Bring:** a willingness to take necessary risks

**Need:** freedom to act unilaterally and independently

#### I SIGNIFICANCE®

People exceptionally talented in the Significance theme want to make a big impact. They are independent and prioritize projects based on how much influence they will have on their organization or people around them.

**Bring:** a desire for wanting and producing more

**Need:** an appreciative audience that will bring out my best

#### T STRATEGIC®

People exceptionally talented in the Strategic theme create alternative ways to proceed. Faced with any given scenario, they can quickly spot the relevant patterns and issues.

**Bring:** creative anticipation, imagination, persistence

**Need:** freedom to make midcourse corrections

# l woo°

People exceptionally talented in the Woo theme love the challenge of meeting new people and winning them over. They derive satisfaction from breaking the ice and making a connection with someone.

**Bring:** energy to social situations

**Need:** social variability

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